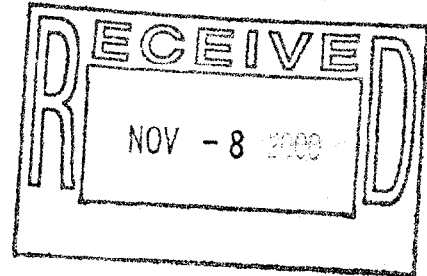


Partners in Health and Beauty
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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



November 2, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of product Glucosamine Complex Caps (dietary ingredients: glucosamine sulfate, N-acetyl glucosamine, glucosamine HCl & chondroitin sulfate). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

This synergistic complex provides the building blocks used in the production of bone, cartilage, tendons, joints, skin, blood vessel walls and mucous membranes.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.